

## News Release

14 March 2017

### **PUSH THE BOAT OUT - TRY SAILING AT HAVERSHAM SAILING CLUB**

Are you looking for a new way to get outdoors and active or find something you can enjoy together with the family? If the answer is yes, Haversham Sailing Club club in Milton Keynes is inviting you and your family to come and try sailing for free on Saturday 13<sup>th</sup> May 2017.

Whether you're completely new to the sport or looking to get back on the water, RYA Push the Boat Out 13-21<sup>st</sup> May is the perfect time to give it a go.

The nine day nationwide event will see hundreds of people taking part in the sport with open days and taster sessions taking place at clubs and centres across the country.

"We're inviting the local community to come down to have a go at sailing, see what the club has to offer and get involved. Who knows, you might just get hooked!" commented Barrie Lyman, Haversham Sailing Club's commodore.

Starting at 10h00, on 13<sup>th</sup> May there will be a whole host of activities taking place including a range of manufacturer's demonstrator boats available to sail, including the new for 2016 Hartley H15.

Weather permitting, club instructors and experienced helms will be available with a fleet of nine large training dinghies to take visitors out onto the water, whatever the age, so that anybody may experience this wonderful sport. Soft shoes and possibly a wind proof top are all that is necessary, the club will provide the rest.

The Buccaneers (u19s) will be running demonstration racing, with instructors on the bank to explain what is happening, and Suzuki GB will have a boat on display to demonstrate the safetyboat side of the club's activities. There will also be a wet gear and boat bits bring and buy sale.

Members will be on hand to demonstrate the facilities that are available, the RYA certificated courses on offer, the full scope of the social activities and how the recreational and racing sailing programmes operate.

Sailing can be as physical or as relaxing as you want to make it, you can sail with others or on your own, do it competitively or potter about and just enjoy the gentle escape of being outside in the elements.

For full details about what's going on at club open day visit [www.havershamsc.org](http://www.havershamsc.org) or follow the club on Facebook at HavershamSC.

For more information on RYA Push the Boat Out visit [www.rya.org.uk/go/ptbo](http://www.rya.org.uk/go/ptbo)